

Organisation	Project Name	One off project (not previously funded by EBC), equipment or individual events?	Meets EBC priorities (green borough, healthy communities, prosperous place)?	How many HEWEB residents will this benefit?	Amount Requested	Amount awarded
Music Fun Factory		£30 per set of music 3 sets looked at each term, 3 groups, plus arranging pieces and printing pieces for Ukulele groups	Music brings people together. You may be an old or young beginner but the learning process is just the same. Adults get the feeling of being helpful to the youngsters and vice versa. The boundaries of "young and old" are dissolved as people learn a new hobby together. Not only that it is becoming a place where people can relax and be sociable. We have people recovering from things life has thrown at them.	28	£200.00	£200.00
Botley C of E Primary School	Reflection garden and surrounding grounds	We are aiming to develop a 'reflection garden' for our children as part of being a Church of England School and would like funds to support us in doing this. The area we are aiming to use needs redevelopment in terms of some landscaping, seating for the children and some sensory planting. This grant would therefore be so useful in helping us to achieve a relaxing place for children to use across the day.	We provide pupils of our school with a high quality education which is exciting and inclusive for all, whatever the children's needs. We have children at our school from Botley, Boorley Green, Hedge End and West End so therefore improve the quality of life for those children. Our 'Heart Values' include teaching the children about stewardship of looking after our world, starting with the community in which they live Through our curriculum and sports provision, we encourage and promote healthy living.	368	£500.00	£500.00
Wildern Opportunity Group	Wildern Opportunity Group	Equipment: Sensory Den, rope lights, rainbow sound blocks, sensory den kit	The Wildern Opportunity Group has been running for 30 years supporting local children with disabilities and their families. The opportunity group provides 1:1 support for children with special needs in a safe, sensory and nurturing environment. The purpose of the group is to give children with disabilities the opportunity to play, learn and explore, working with families to support children with early interventions ensuring that every child matters and all children can meet their individual potential. Providing local families with a support service that works with health professionals and services to minimize the potential stress and anxiety families can feel when parenting a child with special needs. This can support families and careers health and wellbeing.	29	£197.22	£197.22
West End Local History Society	West End Local History Society	Equipment: Tall lockable cabinet to store archive	The museum displays local interest and family history, plus a research area. It's open on a Sat 10am - 4pm and is run by volunteers. Social evenings are also run.	? 75 memberships	£200.00	£200.00

Wellstead Primary School	Year R outdoor area	<p>We would use the funding to constantly replenish our consumables...</p> <p>Literacy Shed – within this outdoor shed, the children can access writing materials so they can be creative in their learning. They can access resources linked to our Kinetic Letters handwriting programme so they can practise their letter formation.</p> <p>Art Shed – within this shed, the children can access a variety of art materials so they can create models and be creative.</p> <p>PE shed – within this shed, the children will be able to access a variety of PE equipment they can use to improve their gross motor skills and their skills in specific sports e.g. dribbling skills, throwing and catching skills</p>	<p>This money would enable us to make further improvements to our Year R outdoor area.</p> <p>As a school, we have invested some considerable money improving the Year R area. For example, we added a stage area to enhance the children’s speaking and listening skills (this was something that we knew needed considerable work following their baseline assessments). We also installed some monkey bars – this would focus on increasing the children’s gross motor skills and ultimately strengthen their shoulder girdle which is a key focus in using our Kinetic Letters handwriting programme.</p> <p>In addition to this, we added in a number of sheds to our outdoor area. The sheds are kitted out with a variety of resources so the children can access activities that are replicated both indoors and outdoors. This in turn supports our focus on the children’s access to the outside and them being able to enjoy the fresh air (no matter what the weather) which ultimately is a boost for their mental health and wellbeing.</p> <p>Replicating activities both indoors and outdoors obviously comes at a cost. These resources are often consumables that need to be replenished regularly so that the children are provided with a choice of items that they can self-select from which is great for increasing their independence.</p>	? 420 children attend the school	£500.00	£300.00
QE2 Evening Club	Blue Funnel Solent trip with food and disco	<p>We will take the group on a Blue Funnel Solent Trip with food and a disco. They have done this before and loved it and keep asking when we can do it again. The trip costs more than £400 but they pay a small price for a ticket which contributes to the total cost.</p>	<p>We provide friendship and support for vulnerable members of the community and this greatly improves their quality of life. We offer sports activities which helps their health and wellbeing. We take them on trips to local amenities (The Point/The Berry/Itchen Valley Country Park/Places Leisure/Vue Cinema) and local amateur dramatic shows. Getting these people out and about is good for them and helps the community become a more inclusive place.</p>	10	£400.00	£400.00

			<p>This money would be used to help fund a parenting group with the ethos of using play to improve connections and relationships between parents and children.</p> <p>In my role, it has become evident that there is a demand from parents needing support with challenging behaviours they face at home.</p> <p>The idea behind this group is that parents will be able to come together, to share their own worries and experiences and to work together to come up with solutions and suggestions for each other to try. They will then be able to share their successes and learn from each other's experiences to ultimately empower them to make positive changes to their home lives.</p> <p>We will work with parents around the impact these negative behaviours have on not only the mental health and wellbeing of the children but also the adults'.</p> <p>Initially, this course will take place on a 1:1 basis for 6-8 weeks. It will then progress to a group format.</p>			
Wellstead, Botley and St. James Primary School	Parenting group	<p>Resources including toys as it is a play-based course. The parents will need to create a play toolkit which means that there will need to be sufficient toys for each parent. £50 per toolkit</p> <p>Refreshments – the format will be set up like a coffee morning to allow the parents to feel at ease. Approx £10 per week</p> <p>Resources for the parents to take away. Approx £5 per week</p> <p>The anticipation is that this funding would allow the programme to run 4 times with individuals and once as a group course.</p>		Unlimited!	£500.00	£500.00
Hedge End Retirement Club	Hedge End Retirement Club	New year outing, including lunch	Socialise, play bingo, play whilst, raffles and celebrate special occasions within the club. Provide a safe, friendly environment for elderly people in local area.	35	£500.00	£250.00
<b>Total</b>					<b>£3,547.22</b>	<b>£2,547.22</b>

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The D.@rt Centre	Community Hub	Equipment - purchase of new chairs	Community Hub promoting physical and mental health through educational experiences such as; workshops, exercise classes, NHS clinics, teen talk sessions, youth service and young carers.	150	£500.00	£500.00
The D.@rt Centre	The D.@rt Centre	Tutor costs for elders who attend aqua aerobics at Wildern Centre to start crafting sessions at The D@rt	The classes will increase knowledge thereby improving self-esteem and by taking part in a new activity will help to reduce social isolation. Being part of a group fosters a sense of community and an improvement in mental health it may lead to attendance at other courses.	15	£100.00	£100.00
The D.@rt Centre	The D.@rt Centre	Equipment - purchase of replacement cake tins and loaf tins We offer the following courses that attract members of the community from 4-90 such as Men's Cookery, Children's Cookery Club, Advanced Children's Cookery/family cookery, Theone Cookery Sessions, Chef Dan's masterclasses, Teen Tuesdays.	The cookery sessions fit in with Eastleigh Borough Council's priorities of enabling healthier lifestyles/wellbeing. The cookery teaches life skills and improves confidence which is important for mental health. There is a positive effect on mental health due to socialisation and being part of a group as well as improved self-esteem and reduced isolation, the health benefits of cooking food from scratch which fosters healthy eating are widely reported.	1300	£420.00	£420.00
The D.@rt Centre	Hedge End Arts Appreciation/Silver Screenings Programme	Hedge End Arts Appreciation: Materials and refreshments for the year. Transport for the Christmas lunch - £300. Silver Screenings: Film rights for 1 film - £100	All of our elders projects help reduce social isolation and improve mental health whilst learning new skills and reinforcing a sense of community. The young people learn so much from sharing experiences and they develop confidence and learn respect and patience. This fits with the Council's priorities of healthier lifestyles.	20-30	£400.00	£400.00
The D.@rt Centre	The D.@rt Centre	We are seeking funding for a Young Carers trip to Go Ape in Itchen Valley Country Park. The funding will pay for 20 Wildern Young Carers to have a day of fun at the Treetop Challenge in this fantastic local facility.	The day fits in with Eastleigh's priority of improving physical and mental health. The young carers get the chance to learn new skills, develop their support network and team building skills, whilst "having fun". The day out will improve mental health, a sense of community and improve fitness.	20	£500.00	£500.00
The D.@rt Centre	Wildern Leisure Centre	We are seeking funding towards the cost of one to one swimming lessons for 10 children with additional needs. We have a group of children who cannot access main stream lessons due to their complex needs eg. autism, it is hoped that after 5 individual sessions they will gain confidence to integrate with main stream lessons. The grant funding would pay for each child to have 5 lessons, their parents would be expected to pay £6.25 per lesson and the grant would pay for the shortfall of £11.75 per lesson.	The project improves the quality of life for those taking part as learning to swim is an essential life skill and improves both physical and mental health. It also improves confidence and self-esteem, valuable skills for any young person but particularly for those with additional needs. It also provides much-needed support for parents.	10	£500.00	£500.00
The D.@rt Centre	Wildern Leisure Centre	We are looking to start new Strength and balance classes/armchair aerobics for the elderly. We would anticipate classes of 8 participants which we would make a charge of £2 and funding to cover the outstanding £2, this will ensure the sessions are sustainable. In order to deliver the course the tutor needs to attend a 3 day OTAGO training course at a cost of £504.	The strength and balance course will enable participants to increase physical core strength and help with balance which reduces as you get older. We have surveyed members of our elders groups and we already have enough interest for the course to go ahead. The course will reduce social isolation, increase physical and mental health and reduce the need for possible future NHS involvement if the risk of falls is reduced.	8	£500.00	£500.00

		<p>We are seeking funding for some new equipment for the Leisure Centre Holiday Activities including rugby tag belts, uni hoc, dodgeball and frisbees.</p> <p>The holiday activities are activity based sessions that run during the school holidays, providing families with affordable and safe child care. Wraparound care extending the day until 5pm is available.</p> <p>The activities vary and include swimming and fun games. Some children attend every day during the 6 week summer holiday so it is important that a variety of games are offered to reduce boredom and increase skills.</p> <p>We are seeking funding for some new equipment for the Leisure Centre Holiday Activities including rugby tag belts, uni hoc, dodgeball and frisbees.</p> <p>The holiday activities are activity based sessions that run during the school holidays, providing families with affordable and safe child care. Wraparound care extending the day until 5pm is available.</p>	<p>The sessions are active and promote a healthy lifestyle, they also give young people a taste of sports they may never have experienced before. The sessions promote team work and improve self-esteem as well as developing a sense of community and a chance to make friends. The parents have peace of mind knowing their child is well looked after.</p>			
The D.@rt Centre	Wildern Leisure Centre			30	£304.00	£304.00
<b>Total</b>					<b>£3,424.00</b>	<b>£3,224.00</b>